

Arrival Medical Practice

Patient Participation Group

21/2/18 at 12.30pm

Present: Vikki, Ruth, Sidra, Sherry, Kaz, Kamil, Zacaria, Ikram, Gehan, Samson, Lejla, Riada, Steve, Cath, Chimwemwe, Carine, Niloofar, Ovaua.

Apologies: Belal, Solafa

Vikki told everybody that after the last meeting she and Ruth had a meeting with Eaglescliffe Medical Practice and we need to do much more work to fund raise. She said that the practice has lots of new patients. We have to register ourselves as a charity. In the short term, we aim to raise £500 and we will set up charity for long term as well.

Steve said attached to PPG to the charity.

Vikki said that next week she and Ruth have an appointment in with the bank to open a bank account for the amount of money that we will get from charity. We plan to do a raffle for the children over Easter. She also asked if anyone would like to change the time of next meeting to evening but everybody would to have next meeting on same time.

Vikki mentions that she will do a car boot sale with Ruth and Sherry in March or Easter time and the money raised will go to the PPG. She said that the main agenda of this meeting is cook book. She said she got £50 donation, £20 from Justice Frist and £40 from advertisements.

Ruth gave minutes of last meeting and explains more about cook book. She said the idea of cook book is collecting recipes from everyone and put into a book and publish the book and try to raise fund for our practice. She also presents an idea to not have many ingredients in cook book recipes and recipes should cheap and easy to cook.

Ruth has a variety of cook book production; she presents different types of cook book to the members of PPG and asked if anybody would like to give an idea please feel free.

Zacaria asked how many copies of cook book will go to publish and how much it will cost?

Ruth shows the price list and said we will publish 2000 copies as a start and explain that we got cheaper if we will publish more copies. She said that the idea of advertisements we need to contact to local home cares, local pharmacies and opticians.

Ovaua shared a recipe from her back home country and she has an idea to cook on car boot sale event.

Ruth likes her idea and explains the size and layout of cook book.

Steve suggests publishing cook book as a calendar because it's easy to hang in kitchen while cooking. If we publishing as a book it's can't stand in kitchen and people are not using on regular basics.

Gehan asked if we going to publishing as a book how much it will cost?

Ruth said if we going for 2000 copies, each copy will cost about £1.50

Kaz said I think we have to provide more opportunities for advertisements.

Ruth said that we are charging £20 for full page and £15 for half a page advertisements. She said we need to add photos of recipes and if somebody would like to give their photos with recipes.

Samson said our cook book should be an attractive and eyes catching book, not as a research book.

Kaz suggests that the cook can be published without base and calendar style and week by week theme or theme base plan for example European theme and Asian theme.

Steve said we need to add diversity of cook and BBQ recipes as well.

Vikki said we need to include those recipes, which are easy to cook at home.

Ruth said it will be more attractive if we could write that where from you learnt this recipe, little background of the recipe or a little nice story.

Vikki said next meeting will be in April and we will set up bank account, size and price of cook book and refill until April.

Ruth said we need more recipes and need 4 people to proof reading and editing. She also said that we need to break down recipes in starter, main course and desert.

Sherry suggests to put country map or flag next to the recipe and have something about country and recipes in tradition way.

Ruth said that we need a unique title for our cook book.

Sherry said use Arrival cookery book as title and use Recipes from heart as a subtitle.

Next meeting will be on 18th April 2018 at 12:30